

## "Flowers and Flutterbies" Lap Quilt

This gorgeous small quilt is guaranteed to bring a smile to your face! With a border of stitched and appliqued dancing Flutterbye girls, and a striking centrepiece of 3D flowers, this quilt will become a much-admired favourite.



### **You Will Need:**

2 ½ metres (2 ½ yards ) plain white fabric

1 ½ metres ( 1 ½ yards) plain royal blue fabric

Couple of fat quarters of hand-dyed orangey-yellow fabric for the centre flowers (have a variety of light and dark tones)

Matching orange-yellow thread for the flowers

Royal blue embroidery floss for flower centres (we used DMC 158)

1 metre (1 yard) Fusible pellaon

A water erasable pen

Fusible webbing for applique

Embroidery floss in the following colours -

Black (we used DMC 310)

Brown (we used DMC 434)

Rusty Brown (we used DMC 356)

Bright Yellow (we used DMC 444)

Assorted fabrics for applique. You will need plain bright colours (including a skin pink) with a few 'quilty' looking prints. The dresses are interchangeable as you wish, otherwise refer to the individual designs for colours required.

Pens for colouring fabric – we used the following Fabrico pens:

#114 – Poppy Red

#122 – Spring Green

#134 – Bubble Gum pink

#119 – Cerulean Blue

#111 – Lemon Yellow

#116 – Peony Purple

Five, 19mm (  $\frac{3}{4}$  inch) self-cover buttons for the large flowers

Five, 15mm (  $\frac{5}{8}$  inch) self-cover buttons for the small flowers

Wadding at least 50 inches square

Backing fabric at least 50 inches square

**Duration:**

This is a three (3) month project suitable for beginner to advanced level quilters.

**Finished Quilt Size:**

This quilt is 43 inches (108cm ) square

**Preparation:**

All fabrics are pre-washed and pressed before use.

It is assumed a quarter-inch seam is used throughout.

Please read through all instructions fully before beginning.

**Printing Templates:**

Please note – to print out your templates and designs at the correct size, you will need to ensure that you print on Borderless A4 format, from the Adobe Acrobat file that you receive the designs in.

To do this, please ensure firstly that the picture is at 100%. (Check the box in the top middle toolbar, and click on the small black arrow beside it to change, if necessary.)

Click "File" in the top left hand corner, then "Print" from the drop down box menu. Click on the "Properties" box at the top of the print information box, then the bottom "Print Layout" tab on the left hand side of the box that next pops up. Under the Heading "Layout" in that new box, you will find a list of print options starting with 'Normal'. The last option on that list is "Borderless" – click the small button beside that to select it and ensure you have "A4 Borderless (210 x 297 mm)" showing as the type of paper you wish to print on.

When that is all OK, click "OK" to return to the main print information screen. The small preview of your picture should show the FULL design on a white background. If there is any grey area around the edges, you will need to repeat the above steps until you can see that the whole design will be printed – right to the edges of the page where necessary.

Many designs will also have a small measurement in inches drawn on them, for you to check against a ruler when you have printed the page, to test the accuracy of the size of your printed design before you start cutting your fabric.

# "Flowers and Flutterbies" - Month 1

Time to start! This month you will stitch the four Dancing Girl rows for your new quilt.



**You will need:**

Plain white fabric

Fusible pellow

A water erasable pen

Fusible webbing for applique

Embroidery floss in the following colours -

Black (we used DMC 310)

Brown (we used DMC 434)

Rusty Brown (we used DMC 356)



Bright Yellow (we used DMC 444)

Assorted fabrics for applique. You will need plain bright colours (including a skin pink) with a few 'quilty' looking prints. The dresses are interchangeable as you wish, otherwise refer to the individual designs for colours required.

Pens for colouring fabric – we used the following Fabrico pens:

#114 – Poppy Red

#122 – Spring Green

#134 – Bubble Gum pink

#119 – Cerulean Blue

#111 – Lemon Yellow

#116 – Peony Purple

**Cut:**

From the white fabric, cut four strips measuring 8 inches wide x 24 inches long for the third (Dancing Girls) border.

Cut the same size strips from the pella also.

**Flutterbies:**

This quilt and our “Butterflies and Flutterbies” quilt feature “Flutterbies” by Popular US Artist Tracey Buchanan.

Flutterbies are snippets of everyday life caught randomly out of the air – butterfly thoughts plucked from the blue...fluttering by. The illustrations make you smile and the words make you think.

Tracey has created much of this range just for these quilted patterns, and we know you're going to love her quirky “quilty” observations as much as we do.

(By the way, “butterflies” rhyme with “flutterbies,” and when there's only one it's a flutterbye!)

### Flutterbye Border Blocks:

Use the Flutterbies Dancing Girls templates for this quilt. You will have to join the two sheets together to get the five girls in a row, and this row of five is repeated, so that there are ten girls along each 8 x 24 inch third border strip. You will have to overlap the girls' arms in the middle to fit them neatly on this length, and remember not to start or finish too close to the seam allowances at the edges.

For their hair, stitch close curls in colonial knots in the appropriate hair colour, or stitch the waves or looser curls with a single thread (either coloured, or colour in later with the fabric pens.)

You can change the dresses to suit – vary the colours as you wish.

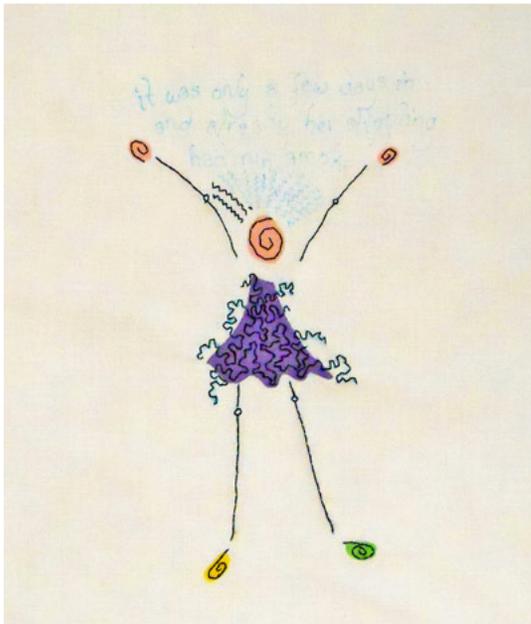
The following guide will help you applique and stitch each of these four rows:



#### Step 1 –

Trace the design on your four fabric strips using a window or lightbox and the water erasable pen.

Use the design as a template (reverse it) for the applique pieces (dress, head, hands and feet) and fuse them in place with the fusible webbing.



#### Step 2 –

Cut a matching rectangle of the fusible pellon and iron it to the back of the white fabric with the design on it. You will stitch through both layers.

Back stitch raw edge applique the clothes, and body parts, using one strand of black thread, and add the arms and legs and hair and words as well. (Some designs have the hair in a different colour.)

(The following images are for different Flutterbies, but they are stitched in the same way.)



### Step 3 –

When the design has been stitched, hand wash carefully in cold water to remove the pen marks. Allow to dry completely – leave for a couple of days if you can.

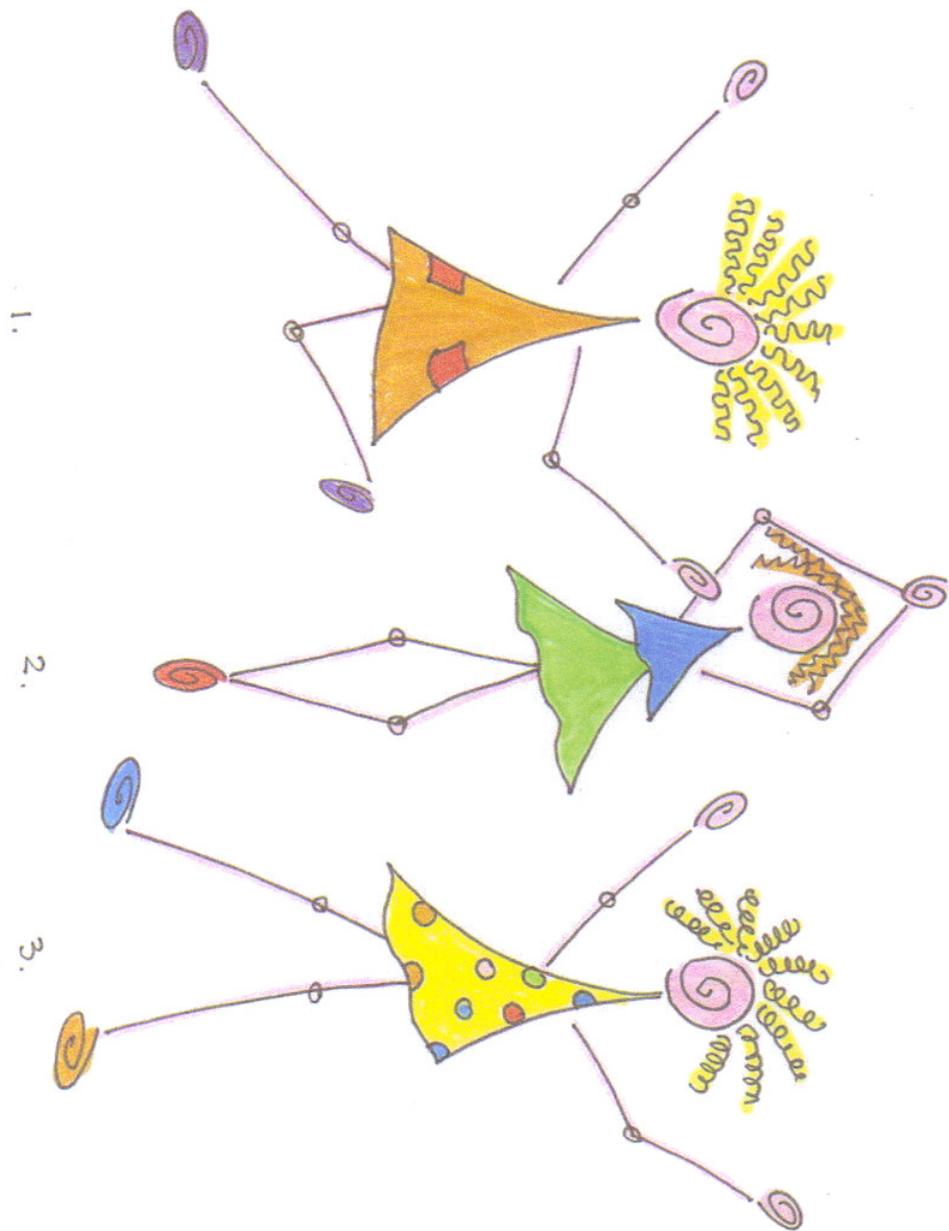


### Step 4 –

Use the fabric pens to colour in as shown in the Flutterbye design. Draw a pink line down the arms and legs, and colour in the hair. Set pens as per manufacturer's directions. (Ours were just ironed to set the ink.)

Trim the rectangle to size.

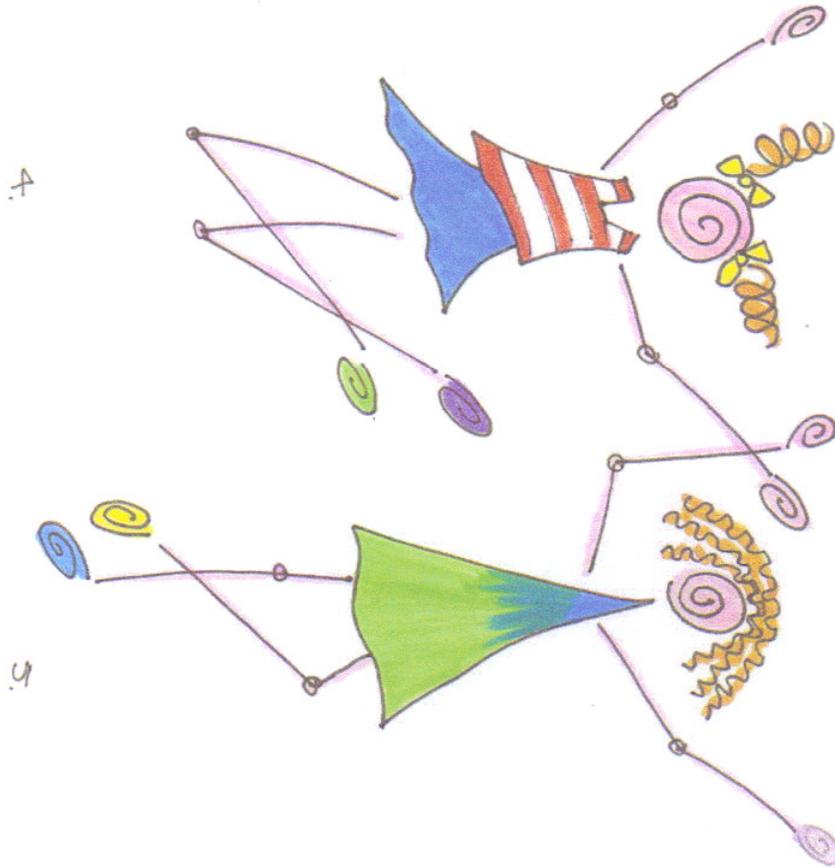
Next Month, you will make the folded 3D flowers for the centre block.



“Flowers and Flutterbies” Month 1 Templates

Page 1 of 2

©3DollarQuiltBOM.com



"Flowers and Flutterbies" Month 1 Templates

Page 2 of 2

©3DollarQuiltBOM.com